

**St Helen's Cap PLC Director/PDMR Shareholding**

176 words

12 February 2010

12:00

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RNS

English

(c) 2010

TIDMSHCP

RNS Number : 0781H

St Helen's Capital PLC12 February 2010

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St. Helen's Capital plc  
("St Helen's Capital" or the "Company")

**Holdings in Company/Director's Dealings**

St Helen's Capital received notification on 11 February 2010 that, on 3 February 2010, Mr. Jon Pither, a non-executive director of the Company, sold 614,998 ordinary shares of 5.0 pence each in the Company (the "Ordinary Shares") representing approximately 1.30 per cent. of the issued ordinary share capital of the Company. Mr. Pither is now interested in 5,357,320 Ordinary Shares, representing approximately 11.30 per cent. of the Issued Ordinary Share Capital.

For further information contact:

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This information is provided by RNS

The company news service from the London Stock Exchange

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[ 12-02-10 1200GMT ]

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